



Helsby and Frodsham

FREE
Updated 2026
Helsby Cycle Map
Cycle routes around Helsby and the surrounding area

Map Key

- A-road
- B-road
- C-road
- Minor road
- Unpaved road
- Cycle lane
- Bridleway or cycle track
- Footpath
- P Free parking
- Toilets
- Café

Scan the QR codes to view the routes online and download GPX route files. Free car parking is available at Helsby Quarry (WA6 9PX) and Castle Park, Frodsham (WA6 6DG).

Cycle North Cheshire works to promote cycling in the North Cheshire area. Find out more and get involved at www.cyclenorthcheshire.com

Produced by Cycle North Cheshire, 2026
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Snidley Moor and Foxhill

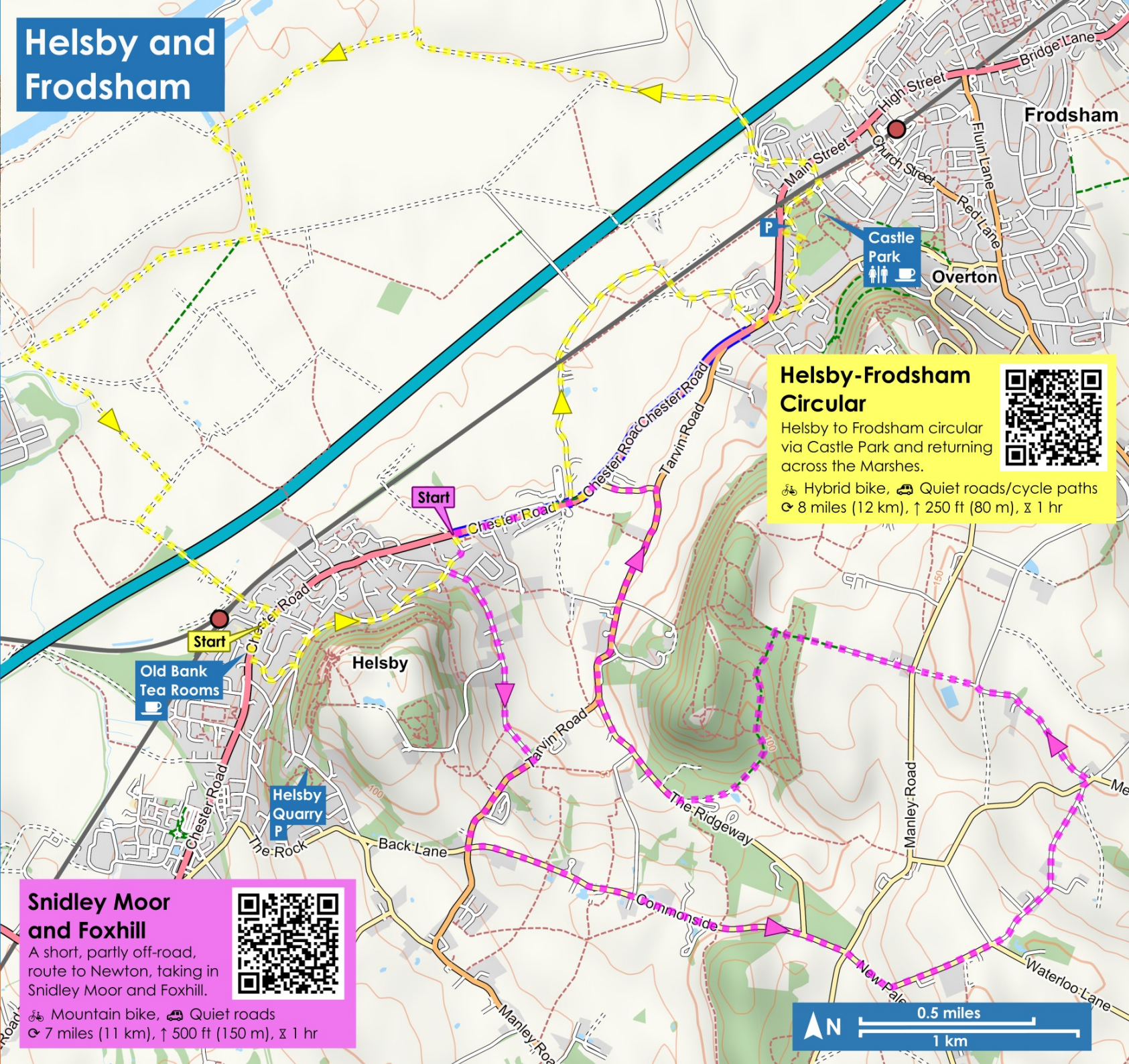
A short, partly off-road, route to Newton, taking in Snidley Moor and Foxhill.

Mountain bike, Quiet roads
8 miles (11 km), 500 ft (150 m), 1 hr

Helsby-Frodsham Circular

Helsby to Frodsham circular via Castle Park and returning across the Marshes.

Hybrid bike, Quiet roads/cycle paths
8 miles (12 km), 250 ft (80 m), 1 hr



Delamere and Tarvin

Helsby-Delamere Circular

A moderate ride connecting Helsby with Delamere Forest along quieter roads.

🚴 Hybrid bike, 🚶 Quiet roads
🕒 13 miles (21 km), ⬆ 800 ft (240 m), ⌚ 1.5 hr



Helsby to Kelsall and Tarvin

A longer route, mainly on quiet roads, taking in Kelsall, Tarvin and Alvanley.

🚴 Any bike, 🚶 Quiet roads
🕒 19 miles (30 km), ⬆ 900 ft (270 m), ⌚ 2 hr



Both routes start at Helsby Quarry P

Manley Mere

Forest Holidays

Delamere Forest Visitor Centre

Bluebell Café

1 mile
1 km