



Frodsham Cycle Map

Updated 2026
FREE

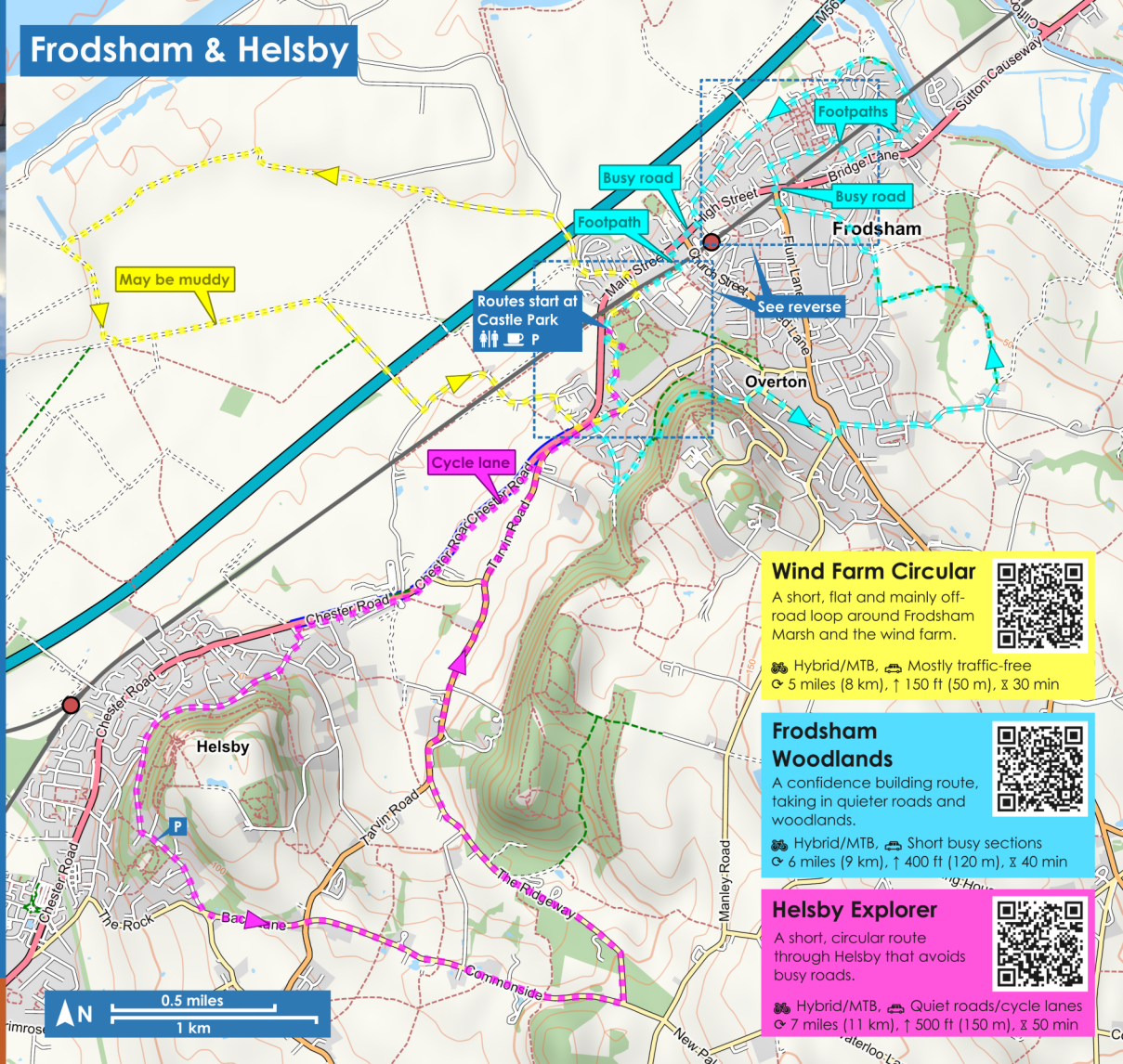
Map Key

- A-road
- B-road
- C-road
- Minor road
- - - - Unpaved road
- Cycle lane
- - - - Bridleway or cycle track
- - - - Footpath (please dismount)

Scan the QR codes to view the routes online and download GPX route files. Free car parking is available at Castle Park, Frodsham (WA6 6DG) and Helsby Quarry (WA6 9PS).

Cycle North Cheshire work to promote cycling in the North Cheshire area. Find out more and get involved at www.cyclenorthcheshire.com.

Produced by Cycle North Cheshire, 2026
Sponsored by Frodsham Town Council
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Wind Farm Circular

A short, flat and mainly off-road loop around Frodsham Marsh and the wind farm.

Hybrid/MTB, Mostly traffic-free
 ⌚ 5 miles (8 km), ↑ 150 ft (50 m), ⌘ 30 min



Frodsham Woodlands

A confidence building route, taking in quieter roads and woodlands.

Hybrid/MTB, Short busy sections
 ⌚ 6 miles (9 km), ↑ 400 ft (120 m), ⌘ 40 min



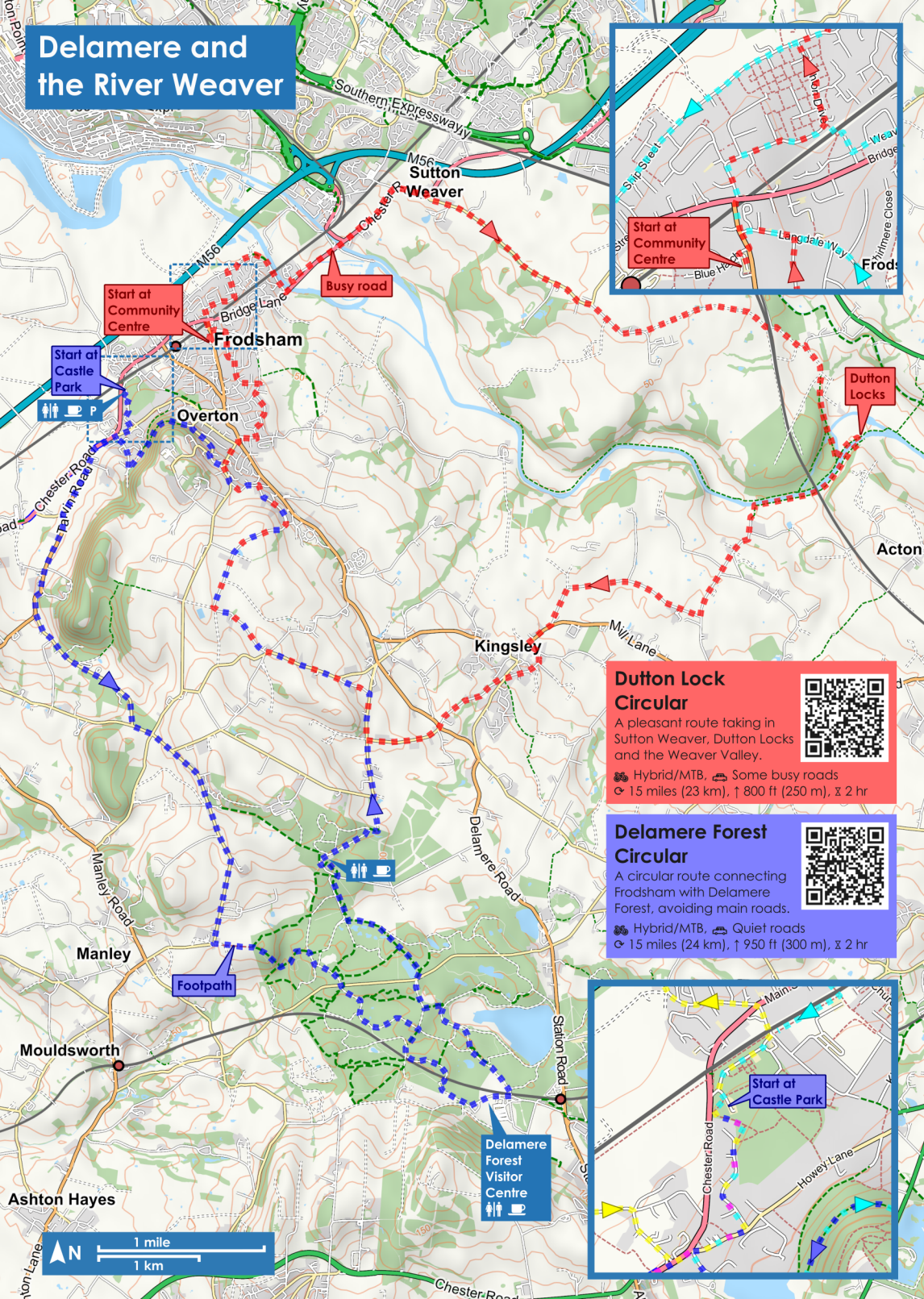
Helsby Explorer

A short, circular route through Helsby that avoids busy roads.

Hybrid/MTB, Quiet roads/cycle lanes
 ⌚ 7 miles (11 km), ↑ 500 ft (150 m), ⌘ 50 min



Delamere and the River Weaver



Start at Community Centre

Start at Castle Park

Busy road

Start at Community Centre

Dutton Locks

Dutton Lock Circular



A pleasant route taking in Sutton Weaver, Dutton Locks and the Weaver Valley.

🚲 Hybrid/MTB, 🚶 Some busy roads
 ⌚ 15 miles (23 km), ↑ 800 ft (250 m), ⌚ 2 hr

Delamere Forest Circular



A circular route connecting Frodsham with Delamere Forest, avoiding main roads.

🚲 Hybrid/MTB, 🚶 Quiet roads
 ⌚ 15 miles (24 km), ↑ 950 ft (300 m), ⌚ 2 hr

Start at Castle Park

Delamere Forest Visitor Centre

Footpath

